



# TATTOO AFTERCARE

## 1ST DAY

1st Day-Leave the bandage on overnight. The bandage is there to keep airborne bacteria and other contaminants from invading your wound. Wash your hands prior to removing the bandage. Immediately wash tattoo with warm water and mild soap (Dove or Ivory) to remove any ointment, blood, or plasma and to completely clean the tattoo. Foam up soap in hands before applying to the tattoo. Repeat until tattoo is no longer slimy or glazed. (Do not use wash cloth on tattoo until completely healed.) Let air dry.

## ***DO NOT REBANDAGE THE TATTOO***

## 2ND DAY

Wash the tattoo with anti-bacterial soap twice throughout the day. Foam soap in hands before applying to the tattoo.

## 3RD DAY

Healed Repeat the cleaning procedure twice per day, washing with antibacterial soap. Remember to use freshly washed hands to clean the tattoo. In addition, apply a very small amount of Aquaphor (available at Walgreens) twice per day over the freshly washed tattoo.

## **ADDITIONAL TIPS FOR A BETTER HEALED TATTOO:**

Do not expose tattoo to sunlight for at least 8 weeks or until tattoo is healed. To preserve your tattoo, once it is healed, apply sun block to the tattoo if it will be exposed to the sun. Do not soak tattoo in water (bathing or swimming) for at least 2 weeks or until healed. If you work out (esp. cardiovascular or aerobic) take a few days off. Profuse sweating has the same effect on new tattoos as soaking in water. Wear loose natural 100% cotton clothing that can allow your tattoo to breathe. Do not pick at or scratch new tattoos.

**BE SURE TO CONTACT US RIGHT AWAY WITH ANY QUESTIONS OR CONCERNS**  
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The information provided is based on our experience as well as current industry standards not as an alternative to medical service of any kind.